Modern University College

(MUC)



Nursing Department

Course: Community Health Assessment Sheet

Nursing / clinical

(Bachelor degree)

Semester: 2023/2024

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Clinical area: Al-Amari Clinic

Date: 26-2 to 1-4 / 2024

# Introduction: تكتب باللغة العربية(4 marks)

خربثا بني حارث بلدة فلسطينية تتبع محافظة رام الله والبيرة وسط الضفة الغربية , تقع قرية خربثا بني حارث شمال غرب مدينة رام الله على بعد قرابة 21 كم منها، على هضبة ارتفاعها حوالي 400 م عن سطح البحر

وتبلغ مساحتها قرابة 7,755 دونم، المساحة العمرانية منها حوالي 150 دونم.

بلغ عدد سكان خربثا بني حارث 3984 حسب التعداد السكاني

# 2. Biophysical Considerations: (2 marks)

* Births: 50 births every year
* Annual rate: 50 births every year
* Abortion: nothing
* Composition of population: 3984 male & female

# 3. Age: (8 marks)

* Total: -------------------

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| --- | --- | --- |
| Age group | Male | Female |
| <1 year | 99 | 87 |
| 1–5 years | 312 | 349 |
| 6–12 years | 467 | 501 |
| 13–20 years | 345 | 363 |
| 21–30 years | 361 | 355 |
| 31–50 years | 269 | 277 |
| 51–65 years | 78 | 84 |
| 66–80 years | 11 | 18 |
| >80 years | 3 | 5 |

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* Mortality rates: 4 every year
* Mortality rates cause-specific: 2 mi every year
* - Morbidity : 1 cause mi every year

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| --- | --- | --- |
| Disease | Incidence | Prevalence |
| Diabetes | 3 | 35 |
| Cancer | 0 | 3 |
| Hybertension | 2 | 29 |
| Heart disease | 1 | 8 |

* Expanded program on immunization (EPI) ?

# 4. Psychological Considerations: (4.5 marks)

* Significant events in community history:

My village experienced the setback that occurred in 1967 and greatly affected the people of the village due to the events that occurred to which the people of the village were exposed.

* Interaction of groups within the community (cohesiveness, etc.):

. We live in a beautiful small village because everyone knows each other, we share joys and sorrows with each other, and we always stand by each other. We are a community with strong cooperation and interdependence

* Protective services:

We do not have all prevention services. For example, we only have one government clinic

We have sufficient street lighting

There are waste containers and a dumpster

* Local crime rate:

There are robberies, but we do not have murders

* Low rate of crime rate in this community.

These crimes are dealt with by the police

* Insurance rates:

65% government insurance

* Sources of stress in the community:

Most of the sources of tension that occur are from the occupation and the events that occur because of it

* Mental illness in the community:

There are no cases of mental disability in my village

# 5. Environmental Considerations: (4 marks)

* Community location (boundaries, urban/rural):

The village of Kharbatha Bani Harith is located northwest of the city of Ramallah

It is an area located in the center and is very lively

* Size and density:

Its area is approximately 7,755 dunums, of which the urban area is about 150 dunums. The village's population currently stands at about 3,984 people, all of whom are Muslims

* Housing (type, condition, adequacy, number of persons per dwelling, sanitation):

Most of the houses in the village are new and made of natural stone, but there are some ordinary houses and there are a few old houses that are more than a hundred years old.

Sanitation is good in the village

* Safety hazards present in the environment :

Some of the risks are that the electricity poles are not installed well

Unrevealed roads that could expose us to traffic accidents

* Sewage and waste disposal:

It is disposed of by the municipality through pits dug far from the village and the waste is buried there

* Pollution and health effects :

There are few sources of pollution, such as throwing waste next to the place designated for it

* Disaster management:

There has never been a disaster in our village, and we are not prepared for this to happen

# 6. Socio-cultural Considerations (7 marks)

* Culture influence on health:

One of the customs that affects health is consanguineous marriage, as it may affect the health of children in the future

* Culture influences health through many channels:
* 1-Health beliefs and attitudes.

A state of physical, psychological, mental, social and spiritual integration and not merely the absence of disease or disability

* 2- Positive or negative lifestyle behaviors.

There are some families who are very concerned about their health and consult doctors when any symptoms occur

There are people who do not review or care

* Community income levels (poverty, coverage by assistance programs):

The poverty rate is low in the village

There is social insurance that supports poor families

* Education (prevailing levels, attitudes, facilities):

There are awareness and educational institutions

* Religion (major affiliations, programs and services, influence on health):

Everyone in the village is Muslims

A Muslim does not eat pork or drink alcohol

There are three mosques in the village. Religion educates people and makes them care about their health

* Employment level:

The unemployment rate is low

* Primary occupations of community members:

The primary job is as a worker in the occupied interior for most of the village's residents

* Major employers (occupational health programs):

Yes, there is employment insurance

* Transportation (type, availability, cost, adequacy):

Yes, public transportation is available, and most residents have private cars

Public at normal cost, It is only for six o'clock in the evening

* Shopping facilities (type, availability, cost, use):

Everything we need is available in the village

* Shopping centers in the village are distributed on :

Shopping places are located in half of the village and on its outskirts as well

# 7. Behavioral Considerations: (3.5 marks)

* Consumption Patterns:

There is consumption of water and food in the village

We consume electricity, communications, etc

* Nutrition (general levels, preferences, preparation, special needs, prevalence of anemia, obesity):

The most consumed food is chicken, beef, and sheep, as well as vegetables and fruits

* Alcohol (consumption patterns, extent of abuse):

No consumption of alcohol is forbidden

* Drug use (licit and illicit):

Very little and illegally

* Tobacco use (extent, cessation program availability):

Smoking is widespread in the village, which is unhealthy and causes diseases

Smoking is widely spread among children under the age of 18

Exercise (extent, type, opportunity):

Yes, there is more than one sports center, such as football and volleyball fields

There are also gyms for males and females

8. Leisure Activities (3 marks)

* Primary leisure activities of community members:

The village has a park and a swimming pool, and some activities take place, including summer camps

* Recreational facilities (availability, adequacy, cost):

Yes, we hold sporting events every once in a while

* Health hazards posed by recreation:

For example, the risk of drowning in the pool or suffering fractures during sports

# 9. Health System Considerations (7 marks)

* Community attitudes toward health and health services (definitions, support of services):

We have a government clinic that provides all vaccinations , There are also private centers and clinics that provide most treatments and specialties

* Prenatal care (availability, use):

Yes, there are women's clinics that care about prenatal women, pregnancy programs, etc

* Postnatal care and home visit:

Yes, there are women's clinics that care for postpartum women and the mother and child

* Emergency services (availability, adequacy):

There is a private emergency center, but there is no ambulance in the village

* Health education services (availability, adequacy):

Yes, there is health education provided by schools and by the village council, as well as well-known institutions such as health and the Red Crescent

* Available services:

If there are none, the patient will be transferred to Ramallah Medical Hospital

* Complementary/alternative therapies:

There are alternative treatments such as herbs, compresses, etc

There is also a physical therapy center that includes cupping therapy

10. Community Health Need: (5 marks)

* Biophysical

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| The problem of pollution through bakeries and their smoke |

* Psychological Diagnoses

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| There were very few psychological problems due to the war during this time |

* Physical Environmental Diagnoses

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| A problem with some streets and infrastructure |

* Socio-cultural Diagnoses

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| For example, not accepting a male doctor’s treatment of a female patient |

* Behavioral Diagnoses

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| Smoking greatly affects health |

* Health System Diagnoses

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| There is no ambulance in the village |

# 11. Major environmental problems (Specialized) : (7 marks)

The biggest environmental problem we are exposed to is the waste that is found on the side of the village roads in nature, and people throw it or burn it, and it affects the environment, whether through pollution or an unbeautiful view. Also, some people burn it, which causes smoke and great pollution.

There is also a problem with bakery smoke and smoke and dust from factories on the outskirts of the village

# 12. Photos: (5 marks)

